

Brain, Nervous System, and the Spine

Through our study of Jin Shin Jyutsu, we understand the importance of the Main Central Vertical Universal Harmonizing Energy on the metaphysical level. On a physical level, we know the brain, the spinal cord and the nervous systems are important and complex systems in our body. This relationship to the MCVUHE cannot be underestimated. We will study the depths on the head, the brain, the spine, the nervous system, and pages 38 and 39, Text 1 to see more clearly the connections between physical anatomy and the metaphysical energy. Together we will explore how the brain and the spine process the LIGHT of the 7th depth, and how the nervous system communicates those messages throughout the body. As a part of this process we will look at the 6th depth energetic creation of our MCVUHE/spine. We will see the Main Central for what it is, a lightning rod for the LIGHT of the 7th depth.