

Online 5-DAY-CLASS

with

Iole Lebensztajn

13 Wednesdays

March 16 – June 8 2022

19.00 – 21.00 Central European Time (CET)

ONLINE Via Zoom

Language English

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|-------------|----------------|-------|
| Cost | New Student | € 720 |
| | Review Student | € 490 |



Jin Shin Jyutsu

Contact Barbara Unterberger to register
(Organizer Innsbruck/Austria)

email: Barbara.Unterberger@jsj.at

FON +43/664 5433037

Meeting details sent via email after registration has been confirmed.

www.jsj.at

Iole Lebensztajn

My name is Iole Lebensztajn and I was born in the city of São Paulo, Brazil. I have a medical degree from the University of São Paulo (USP) with a residency in Pediatrics.

I met Jin Shin Jyutsu in 1990 and have been an instructor since 1998. I see clients applying Jin Shin Jyutsu in my office in Vila Madalena, in São Paulo (SP) and I am certified and authorized by Mary Burmeister Jin Shin Jyutsu Institute (USA) to teach the practice in Brazil and in the world by giving in person and online training courses and seminars.

Since 2014, I have authored and coordinated the “Jin Shin Jyutsu Professional Practitioner Course”, offered by the Mary Burmeister Jin Shin Jyutsu Institute in partnership with the Atlantic Health System through the Morristown Medical Center, New Jersey (USA).

I am the author of the book “Jin Shin Jyutsu Handbook - For a Lifetime of Learning”, which was released in English in 2020. The book makes the main concepts and fundamentals of Jin Shin Jyutsu accessible to students and practitioners of the technique.

For me, Jin Shin Jyutsu integrates knowledge, concepts and practices from different traditions and cultures in a very inclusive and unique way. This art of touch is an important resource for awakening our awareness and promoting well-being. The regular practice of Jin Shin Jyutsu provides clarity, supporting processes of change in a profound and responsible way towards what we really are. I live in the suburbs and I love to be in touch with nature.

